

Save Money & Waste Less



Reduce
Reuse
Repair
Recycle

Brought to you by

Tri-County 
Hazardous Waste & Recycling Program

Save Money Waste Less



Just Say
NO
to Junk Mail!

Contact
Direct Marketing Assn
www.dmachoice.org
STOP CATALOGS
www.catalogchoice.org



THE "UNSHOPPING CARD"

- ✓ Do I really need this?
- ✓ Is it overpackaged?
- ✓ How long will it last?
- ✓ If it breaks, can it be fixed?
- ✓ How will I dispose of it?
- ✓ What is its environmental impact?
- ✓ Is it a fair trade product?
- ✓ Is it made of recycled or renewable materials?
- ✓ Is it recyclable or biodegradable?
- ✓ Could I borrow, rent or buy it used?
- ✓ Is it worth the time I worked to pay for it?

For more information on waste reduction
and recycling, call 541-506-2636
Or visit www.tricountyrecycle.com



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Hazardous Waste & Recycling Program

Serving Wasco, Sherman and Hood River Counties
419 East 7th Street, The Dalles, OR 97058

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Save Money & Waste Less

Life can be hectic, stressful and too much to deal with sometimes. Do you find yourself going for the convenient, “easy” way out—then realizing you have an overflowing garbage can, an empty wallet, and not much to show for what you’ve spent? You pay a lot for convenience, and impulse shopping is never cheap.

If something is marketed as “convenient”, it’s probably NOT good for you...your wallet...or the environment. For example, think about packaging—check out all the bags, boxes, bottles, wrap, and containers that cost you money yet just end up in the trash. The ideas in this brochure can help you save money and waste less, too!

THINK AHEAD on your purchases in order to prevent waste and save money, too.

This is called “pre-cycling”...you are deliberately changing your buying habits to end up with less waste.



Freecycle...“Connecting people who have things they want to throw away with others who may want those things.”

<http://groups.yahoo.com/group/gorgefreecycle>

BE A SMART AND THRIFTY SHOPPER

- Avoid buying what you don’t need... make a list and stick to it
- Buy only what you need...in the amount that you need...why waste your money?
- Choose products with minimal packaging to reduce waste
- Avoid packages made of several layers of different materials that can’t be separated
- Avoid individually packaged single-serving products to save money and have less trash
- Buy products as concentrate, economy size, or in bulk
- Look for handmade and locally grown products with less packaging
- Can you make it yourself rather than buying “ready-made” in a package?

BRING..AND USE...YOUR OWN

- Paper or plastic? Neither! Carry your own reusable shopping bag (holds more, breaks less)
- Tote your own refillable travel coffee mug and water bottle
- Use long-lasting durable goods, not disposable... cloth napkins and dishtowels, washable sponges and rags, cloth diapers, rags for cleaning, rechargeable batteries, washable utensils, reusable food containers, reusable coffee filters or tea infusers, dryer balls (instead of softener sheets)

PUT A LID ON TRASH

- Recycle everything you can...newspapers, magazines, junk mail, office paper, shredded paper, paper bags, “grayboard” boxes like cereal or tissue, cardboard tubes, milk cartons and juice boxes, plastic bottles and tubs, aluminum and tin cans, clean foil...plus “on-the-side” make sure to recycle glass jars and bottles plus corrugated cardboard
- Compost kitchen food waste, garden trimmings and yard debris
- Sell, give away or donate goods instead of throwing them out
- Choose on-line banking and bill-paying, request electronic newsletters instead of printed copies

“PLAY IT AGAIN, SAM”

- Choose products that come in refillable containers, can you reuse that glass jar for storage?
- Purchase recycled content products – look for recycled content on the label
- “Use it up...wear it out...make it do...do without” (use what you already have)
- Wring every last bit of usefulness out of most everything you own
- Take of, maintain and repair what you have, rather than replace
- Borrow, rent, or share items used infrequently
- Shop at secondhand and thrift stores as well as through local classified ads

